




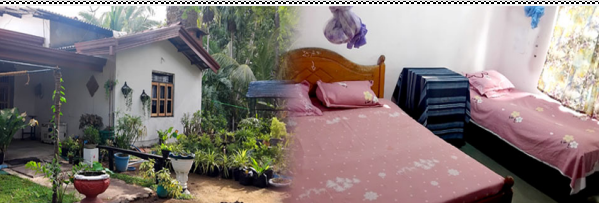



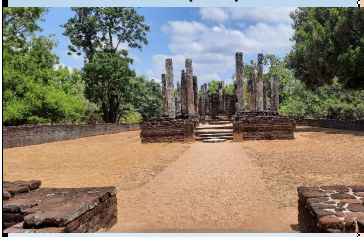

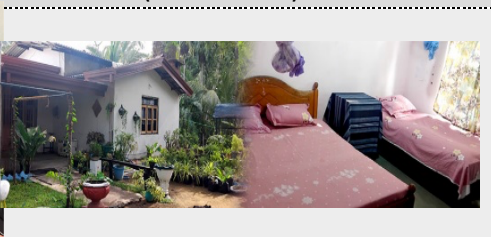








2025/01/NP – 01	Feel the life	Nawalapitiya	Sri Lanka	Jan 07 (Tue)	Jan 16(Thu)	SOCI, MANU, AGRI	8	20	99
1. Summary	While working alongside the local community, you'll experience the beauty and simplicity of life in the hill country. Share stories, traditions, and daily life with the locals, and discover the unique charm of this breathtaking region.								
2. Background	This project is actively working for SDG 1 (No poverty), SDG 2 (Zero Hunger) and SDG 15 (Life on Land), organized with the Cultural and Agricultural Organisation since 2022. This region, once a flourishing tea plantation until Independence in 1948, saw a major shift when the government took over its administration. Some estates were abandoned, others sold, and many were distributed to local communities. The development of hydropower projects in the vicinity led to the displacement of many residents, who were resettled here. Today, tea cultivation continues to be the backbone of the local economy, with most people still working in the fields. Only a handful have jobs in the city or government sectors. Limited access to essential services keeps this area largely unknown to both locals and tourists. The community here also includes South Indian Tamils, who have carried forward the rich tradition of estate work. Despite the passage of time, development has yet to fully reach this region								
3. Work	This project is divided into two key components. The first focuses on supporting selected families in improving their livelihoods through activities such as gardening, home gardening, plant nurseries, and small-scale domestic production. The second component, called 'Visit Community,' offers volunteers the unique opportunity to connect directly with local women's groups, village youth, families, and kindergarten children. During these visits, volunteers share their stories and experiences while gaining a deep insight into local culture and the true essence of everyday life in the community								
4. Accommodation	Our accommodation is a traditional village house where we stay with a local family. The house is equipped with electricity and purified drinking water. Male and female volunteers stay in shared but separate rooms. We are responsible for keeping the premises clean and washing our own plates and dishes after meals. Laundry is done by hand, with clothes hung outside to dry.								
5. Study theme	Local SDGs (2030 goals) of the family, Nawalapitiya and Sri Lanka								
6. Other activities	Organizing cultural exchange events, discussions, Excursions, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Located 114 km from Colombo (157 km via Gampola), this rural area is nestled in the mountains at an elevation of 590 meters above sea level. It lies close to two ancient kingdoms, Gampola (17 km) and Kandy (46 km). The region boasts breathtaking landscapes, majestic mountains, and historic temples. Common crops include cardamom, black pepper, and vanilla. You can also spot grand houses, remnants of the British colonial era, built by officers and wealthy residents who once lived here.								
8. Terminal	Colombo - Volunteers should arrive at Katunayake Bandaranaike International Airport (BIA) by the end of January 6th (Mon) and can depart after 8:00 p.m. on January 16th (Thu) . The project site is about a 6-hour bus journey with one transfer along the way. All volunteers will gather at the Central Government Bus Station in Colombo at 9:00 a.m. on the first day to begin the journey together.								
9. Requirement	A strong motivation to work while embracing diverse lifestyles, facing challenges, adapting to the local environment, and showing respect and appreciation for the local culture and way of life.								
10. Participation fee	€185 for 6 days / €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcome!)								
12. Other	None								
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
2025/02/HG- 01	Share with them	Higurakgoda	Sri Lanka	January 21 Tue	January 30 Thu	SOCI, MANU, AGRI	8	20	99
1. Summary	Immerse yourself in the local culture and truly savor the authentic rhythm of rural life as you connect with the community.								
2. Background	<p>This project is actively working for SDG 1 (No poverty), SDG 2 (Zero Hunger) and SDG 15 (Life on Land), organized with the Cultural and Agricultural Organisation since 2022. The project is situated in the North Central Province, home to the historic city of Polonnaruwa, which served as the capital over 1,100 years ago. After the kingdom relocated to the central region, the population dwindled. In 1956, a government initiative began resettling villages and distributing land for cultivation. Today, the descendants of these original settlers—spanning three generations—continue to reside here. Despite this legacy, the community still faces challenges, including a lack of common facilities and persistent poverty. While the first generation primarily engaged in agriculture, the third generation is now seeking employment opportunities. Our partner organization is actively working with women's groups and self-help initiatives to enhance income prospects for families in the area.</p>								
3. Work	<p>The project consists of two key components. First, we support families engaged in self-employment by enhancing their income-generating activities, which include home gardening, family workshops, and nurseries.</p> <p>In the second component, we visit villages to engage with the community, including self-help groups, youth, and local institutions like temples and kindergartens. This provides volunteers with the chance to share their lives, cultures, and experiences with the locals while fostering meaningful connections within the community.</p>								
4. Accommodation	Stay in a village house with a welcoming host family, conveniently located near the village main road. Our host mother prepares delicious meals for us. The house has electricity, and filtered drinking water is provided. Mobile phones work well, and 3G/4G data connections are available, but there is no internet or Wi-Fi. You can use toilet paper here, and laundry is done by hand, with clothes hung outside to dry. Host mother cooks for us.								
5. Study theme	Local SDGs (2030 goals) of the family, Higurakgoda and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Higurakgoda. 256km from Colombo, a suburb of Polonnaruwa, the second ancient kingdom in Sri Lanka and declared a world heritage site. Many people depend on paddy farming and it is a low population density area for Sri Lanka (122 people/ km2).								
8. Terminal	<p>Volunteers are expected to arrive at Katunayake Bandaranaike International Airport (BIA) by January 20th. Departures should be scheduled after 8:00 PM on January 30th. From Colombo, the project site is a 7-hour bus journey, with two transfers. On the first day, we will meet at 9:00 AM at the Central Government Bus Station in Colombo, where all volunteers will travel together to the site. Get ready for a meaningful adventure!</p>								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	€185 for 6 days / €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other									
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
2025/05/AP - 01	Self expedition	Anuradhapura	Sri Lanka	March 18, Tue	March 27 Thu	SOCI, MANU, LIVELIHOOD	8	20	99
1. Summary	Immerse yourself in the local culture and truly savor the authentic rhythm of rural life as you connect with the community.								
2. Background	<p>This project is actively working for SDG 1 (No Poverty), SDG 2 (Zero Hunger) and SDG 15 (Life on Land), organized with the Citizen's Council of Anuradhapura this year. Anuradhapura, the first kingdom of Sri Lanka, emerged over 2,500 years ago and is located in the North Central Province. After flourishing for 1,200 years, the capital was relocated deeper into the country, but the region's rich archaeological heritage remains. Today, most residents depend on paddy farming, though poverty and underdevelopment persist in many villages. In 1956, the government initiated a resettlement project in some areas, and the descendants of those original settlers—now spanning three generations—continue to live there. Despite this long history, the community still faces significant challenges, including limited access to basic facilities and ongoing poverty. While the first generation was primarily engaged in agriculture, the third generation is now seeking broader employment opportunities. Our partner organization is actively working to address these issues through initiatives focused on human rights, media literacy, youth awareness, and women's empowerment.</p>								
3. Work	<p>The project consists of two key components. First, we support families engaged in self-employment by enhancing their income-generating activities, which include home gardening, family workshops, and nurseries. In the second component, we visit villages to engage with the community, including self-help groups, cleaning activities with villages, youth, and local institutions like temples and kindergartens. This allows volunteers to share their lives, cultures, and experiences with the locals while fostering meaningful connections within the community.</p>								
4. Accommodation	<p>Stay in a village house with a welcoming host family, conveniently located near the village main road. Our host mother prepares delicious meals for us. The house has electricity, and filtered drinking water is provided. Mobile phones work well, and 3G data connections are available, but there is no Wi-Fi. You can use toilet paper here, and laundry is done by hand, with clothes hung outside to dry.</p>								
5. Study theme	Local SDGs (2030 goals) of the family, Higu and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	<p>The project is located in the rural village of Siyabalagas wewa, 248 km from Colombo. The nearest town is 8 km away, while Anuradhapura city is 24 km from the site. Mihintale, a historically significant location visited by Lord Buddha, is also 8 km away. The climate in this region is warm with low humidity. Most villagers are engaged in paddy farming, with only a few working in offices in Anuradhapura city.</p>								
8. Terminal	<p>Volunteers are expected to arrive at Katunayake Bandara International Airport (BIA) by March 17th. Departures should be scheduled after 8:00 PM on March 27th. From Colombo, the project site is a 7-hour bus journey, with one transfer. On the first day, we will meet at 9:00 AM at the Central Government Bus Station in Colombo, where all volunteers will travel together to the site. Get ready for a meaningful adventure!</p>								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	<p>€185 for 6 days/ €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.</p>								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other	None								
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
2025/06/HG - 02	Share with them	Higurakgoda	Sri Lanka	April 02 (Wed)	April 08 (Tue)	SOCI, MANU, LIVELIHOOD	8	20	99
1. Summary	Immerse yourself in the local culture and truly savor the authentic rhythm of rural life as you connect with the community.								
2. Background	The project is situated in the North Central Province, home to the historic city of Polonnaruwa, which served as the capital over 1,100 years ago. After the kingdom relocated to the central region, the population dwindled. In 1956, a government initiative began resettling villages and distributing land for cultivation. Today, the descendants of these original settlers—spanning three generations—continue to reside here. Despite this legacy, the community still faces challenges, including a lack of common facilities and persistent poverty. While the first generation primarily engaged in agriculture, the third generation is now seeking employment opportunities. Our partner organization is actively working with women's groups and self-help initiatives to enhance income prospects for families in the area.								
3. Work	In this project, our primary focus is to assist a family that runs a bag workshop. We also visit a village to engage with members of a self-help group and local youth. These visits provide volunteers with the opportunity to share their experiences and connect with the community								
4. Accommodation	Stay in a village house with a welcoming host family, conveniently located near the village main road. Our host mother prepares delicious meals for us. The house has electricity, and filtered drinking water is provided. Mobile phones work well, and 3G/4G data connections are available, but there is no internet or Wi-Fi. You can use toilet paper here, and laundry is done by hand, with clothes hung outside to dry.								
5. Study theme	Local SDGs (2030 goals) of the family, Higu and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Higurakgoda. 256km from Colombo, a suburb of Polonnaruwa, the second ancient kingdom in Sri Lanka and declared a world heritage site. Many people depend on paddy farming and it is a low population density area for Sri Lanka (122 people/ km2).								
8. Terminal	Volunteers are expected to arrive at Katunayake Bandaranaike International Airport (BIA) by April 01. Departures should be scheduled after 8:00 PM on April 08. From Colombo, the project site is a 7-hour bus journey, with two transfers. On the first day, we will meet at 9:00 AM at the Central Government Bus Station in Colombo, where all volunteers will travel together to the site. Get ready for a meaningful adventure!								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	€195 for 7 days, payable upon arrival. A €20 discount applies for returning GV4GF work camp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other	None								
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
2025/07/GP - 01	Life among the mountains	Gampola	Sri Lanka	April 21 (Mon)	April 30 (Wed)	SOCI, MANU, AGRI, LIVELIHOOD	8	20	99
1. Summary	Support local communities in enhancing their livelihoods while sharing life with them								
2. Background	<p>This project is actively working for SDG 1 (No Poverty), SDG 2 (Zero Hunger), and SDG 15 (Life on Land), organized with the Cultural and Agricultural Organization since 2023.</p> <p>Gampola, once a thriving kingdom over 700 years ago, was eventually overshadowed by Kandy, leading to its decline. Nestled amidst mountains and rivers, Gampola has a rich history. Following the British capture of Kandy, coffee and tea cultivation became vital for survival in this region. Today, it is home to Sinhala, Tamil, and Muslim communities, who cultivate vegetables and export spices like pepper, cinnamon, and vanilla.</p> <p>Transportation remains a challenge, with only a few buses serving the area. Despite the visible ruins of its past, the community relies heavily on agriculture for their livelihoods. Development has yet to reach this region, and there is a pressing need for the community to understand the differences between developed and developing countries. A partner organization is actively working with the community to improve their lives and income</p>								
3. Work	<p>This project is comprised of two key components. First, we aim to support families engaged in agriculture by assisting with planting, harvesting, and nursery maintenance. We will begin by collaborating with two or three families to understand their needs better.</p> <p>Next, we will connect with local youths, members of self-help groups, families with income-generating activities, and the village kindergarten. Throughout this process, our volunteers will share their life experiences and cultural insights, fostering meaningful connections within the local community.</p>								
4. Accommodation	We will be staying in a village house with a welcoming host family, where the host mother will prepare meals for us. The family has three boys aged 18, 9, and 5. The home offers electricity, purified drinking water, and 3G/4G data connectivity. Toilet papers can be used, and clothes will be washed by hand and hung out to dry outside the house								
5. Study theme	Local SDGs (2030 goals) of the family, Higu and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Gampola, situated 14 km from Kandy and 127 km from Colombo, is nestled in Sri Lanka's picturesque hill country, serving as the country's second capital. The weather here is pleasantly cool, with nighttime temperatures ranging from 22°C to 24°C. The area boasts both historical landmarks and stunning natural scenery, making it a captivating destination								
8. Terminal	Colombo - Volunteers need to arrive at Katunayake Bandaranayake International Airport (BIA) by the end of April 20 and can leave there after 20:00 of April 30. 6 hours by bus to the site. You will meet at the Central Government bus station at Colombo at 9.00 a.m. on the first day.								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	€185 for 6 days / €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other	None								
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
205/08/HG-03	Share with them	Higurakgoda	Sri Lanka	June 03 Tue	June 12 Thu	SOCI, MANU, AGRI	8	20	99
1. Summary	Immerse yourself in the local culture and truly savor the authentic rhythm of rural life as you connect with the community.								
2. Background	The project is situated in the North Central Province, home to the historic city of Polonnaruwa, which served as the capital over 1,100 years ago. After the kingdom relocated to the central region, the population dwindled. In 1956, a government initiative began resettling villages and distributing land for cultivation. Today, the descendants of these original settlers—spanning three generations—continue to reside here. Despite this legacy, the community still faces challenges, including a lack of common facilities and persistent poverty. While the first generation primarily engaged in agriculture, the third generation is now seeking employment opportunities. Our partner organization is actively working with women's groups and self-help initiatives to enhance income prospects for families in the area.								
3. Work	This project is actively working for SDG 1 (No Poverty), SDG 2 (Zero Hunger), and SDG 15 (Life on Land), organized with the Cultural and Agricultural Organization since 2023. The project consists of two key components. First, we support families engaged in self-employment by enhancing their income-generating activities, which include home gardening, family workshops, and nurseries. In the second component, we visit villages to engage with the community, including self-help groups, youth, and local institutions like temples and kindergartens. This provides volunteers with the chance to share their lives, cultures, and experiences with the locals while fostering meaningful connections within the community.								
4. Accommodation	Stay in a village house with a welcoming host family, conveniently located near the village main road. Our host mother prepares delicious meals for us. The house has electricity, and filtered drinking water is provided. Mobile phones work well, and 3G/4G data connections are available, but there is no internet or Wi-Fi. You can use toilet paper here, and laundry is done by hand, with clothes hung outside to dry.								
5. Study theme	Local SDGs (2030 goals) of the family, Higu and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Higurakgoda. 256km from Colombo, a suburb of Polonnaruwa, the second ancient kingdom in Sri Lanka and declared a world heritage site. Many people depend on paddy farming and it is a low population density area for Sri Lanka (122 people/ km2).								
8. Terminal	Volunteers are expected to arrive at Katunayake Bandaranaike International Airport (BIA) by June 02. Departures should be scheduled after 8:00 PM on June 12. From Colombo, the project site is a 7-hour bus journey, with two transfers. On the first day, we will meet at 9:00 AM at the Central Government Bus Station in Colombo, where all volunteers will travel together to the site. Get ready for a meaningful adventure!								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	€185 for 6 days / €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other									
Picture (Area)		Picture (Work)			Picture (Accommodation)				
									

Code	Name	Location	Country	Start	End	Type	Vols.	Min age	Max age
2025/09/NP-02	Feel the life	Nawalapitiya	Sri Lanka	June 17 (Tue)	June 26(Thu)	SOCI, MANU, AGRI	8	20	99
1. Summary	While working alongside the local community, you'll experience the beauty and simplicity of life in the hill country. Share stories, traditions, and daily life with the locals, and discover the unique charm of this breathtaking region.								
2. Background	<p>This project is actively working for SDG 1 (No poverty), SDG 2 (Zero Hunger) and SDG 15 (Life on Land), organized with the Cultural and Agricultural Organisation since 2022.</p> <p>This region, once a flourishing tea plantation until Independence in 1948, saw a major shift when the government took over its administration. Some estates were abandoned, others sold, and many were distributed to local communities. The development of hydropower projects in the vicinity led to the displacement of many residents, who were resettled here. Today, tea cultivation continues to be the backbone of the local economy, with most people still working in the fields. Only a handful have jobs in the city or government sectors. Limited access to essential services keeps this area largely unknown to both locals and tourists. The community here also includes South Indian Tamils, who have carried forward the rich tradition of estate work. Despite the passage of time, development has yet to fully reach this region</p>								
3. Work	This project is divided into two key components. The first focuses on supporting selected families in improving their livelihoods through activities such as gardening, home gardening, plant nurseries, and small-scale domestic production. The second component, called 'Visit Community,' offers volunteers the unique opportunity to connect directly with local women's groups, village youth, families, and kindergarten children. During these visits, volunteers share their stories and experiences while gaining a deep insight into local culture and the true essence of everyday life in the community								
4. Accommodation	Our accommodation is a traditional village house where we stay with a local family. The house is equipped with electricity and purified drinking water. Male and female volunteers stay in shared but separate rooms. We are responsible for keeping the premises clean and washing our own plates and dishes after meals. Laundry is done by hand, with clothes hung outside to dry.								
5. Study theme	Local SDGs (2030 goals) of the family, Higu and Sri Lanka								
6. Other activities	Organizing cultural exchange events, Excursion, Environmental Education, Expeditions, Farewell party, etc.								
7. Location	Located 114 km from Colombo (157 km via Gampola), this rural area is nestled in the mountains at an elevation of 590 meters above sea level. It lies close to two ancient kingdoms, Gampola (17 km) and Kandy (46 km). The region boasts breathtaking landscapes, majestic mountains, and historic temples. Common crops include cardamom, black pepper, and vanilla. You can also spot grand houses, remnants of the British colonial era, built by officers and wealthy residents who once lived here.								
8. Terminal	<p>Volunteers are expected to arrive at Katunayake Bandaranaike International Airport (BIA) by June 16. Departures should be scheduled after 8:00 PM on June 26 08.</p> <p>From Colombo, the project site is a 7-hour bus journey, with two transfers. On the first day, we will meet at 9:00 AM at the Central Government Bus Station in Colombo, where all volunteers will travel together to the site.</p> <p>Get ready for a meaningful adventure!</p>								
9. Requirement	High motivation to work while experiencing different type of life style, accept challenges, adopt to local environment, respect and accept local life and culture.								
10. Participation fee	€185 for 6 days / €255 for 10 days, payable upon arrival. A €20 discount applies for returning GV4GF workcamp volunteers and participants from lower-cost countries. An optional service is available for €55, which includes airport pickup, one night's stay at a guesthouse, breakfast the following day, transport to the Negombo bus terminal, and the highway bus fare to the Colombo meeting point.								
11. Language	English (Sri Lankan is also welcomed!)								
12. Other	None								
Picture (Area)		Picture (Work)			Picture (Accommodation)				
